

# THE BRAIN THAT CHANGES ITSELF



**The award winning documentary film based on the best selling book by Dr. Norman Doidge, Toronto psychiatrist and researcher**

**SUNDAY EVENING FORUM**

**SUNDAY, FEBRUARY 21, 7.00 p.m.**

**Burlington Baptist Church**

**2225 New Street, west of Guelph Line**

For centuries the human brain has been thought of as incapable of fundamental change. People suffering from neurological defects, brain damage or strokes were usually written-off as hopeless cases. But recent and continuing research into the human brain is radically changing how we look at the potential for neurological recovery.

Dr. Norman Doidge travels across North America to meet some of the pioneering researchers who made revolutionary discoveries about the plasticity of the human brain. He also visits with the people who have been most affected by this research - the patients whose lives have been forever changed - people once thought of as incurable who are now living normal lives.

*"We see first-hand some remarkable therapies - the stories are almost miraculous - but in every case you're left with the feeling that it's not the science that's amazing. What's amazing is the human brain. This long overdue new approach to the brain will change all of our lives down the road." Film Director Mike Sheerin*



*Discussion after the film will be facilitated by two expert post-graduates in neuropsychology.*

**Matthew King and Regan Patrick**



Sunday Evening Forum is a community forum to discuss current issues that affect our lives and faith. The public is warmly invited. Donations will be accepted.